# Leading Self & Others Motivation & Leadership

Welcome Day



All Leadership learning is recognised and endorsed by the Institute of Leadership Management (ILM)



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#### **Dates For Your Diary 2016**

Inner Game Leadership training dates for members – Location at University of Cambridge Hughes Hall College, Wollaston Rd, Cambridge. CB1 2EW

All dates below are on Thursday from 1.45pm to 5.30pm in the Pavilion Room (except the September's training.)

Future Dates for your Diary

#### **Thursday**

30 June 2016 Leadership Day -28 July 2016 Leadership Day -25 August 2016 Leadership Day -

#### Wednesday

28 September 2016 Leadership Day

#### **Thursday**

27 October 2016 Leadership Day - Event in Cambridge from 6pm to 10pm

24 November 2016 Leadership Day -

15<sup>th</sup> December 2016 Leadership Day - Christmas Drinks and Party 6pm to 10pm

### **Resources – Example of Deletion**

Look at the four lines below and within 30 seconds count how many F's you can see.

FINISHED FILES ARE THE RESULT OF YEARS OF SCIENTIFIC STUDY COMBINED WITH THE EXPERIENCE OF MANY YEARS.

F's =

#### **Resources – Example of Generalization**

Read the message below and see how much you can understand even though some symbols have been exchanged for numbers.

TH15 M3554G3
53RV35 TO PROV3 HOW 0UR MIND5
C4N D0 4M4ZING THING5!
IMPR3551V3 THING5! 1N TH3
B3G1NNING IT WA5 H4RD BUT NOW
ON THH15 LIN3 YOUR M1ND IS R34DING 1T
4UTOM4T1C4LLY W1TH 0OUT 3V3N
TH1NK1NG4B0UT 1T, B3 PR0UD!
0NLY C3RT4IN P30PLE
C4N R34D TH1S.

#### **Resources – Example of Distortion**

Read the message below and then write adding the spaces between each word you see to decipher what the message is. This is an example of where your mind set is today.

## **OPPORTUNITYISNOWHERE**

#### **Welcome Day: The Reflection Diary**



## Welcome day module's leadership task:

### **The Reflection Diary**

Every Friday afternoon take 10 minutes to reflect on your week

- 1 Name 3 things that have worked well for you this week?
- 2 If you have had a challenge, how have you solved it? Explain your solution.
- 2. Who have you motivated this week and how?

What is important about your work right now?



	Hot Buttons	Opportunities for Manager	Opportunities for Self
Searcher	Meaning & Make a Difference	Praise & Regular Feedback	Demand Quality Feedback
Spirit	Freedom & Independence	Autonomy & Empowerment	Renew your vision
Creator	Innovation & Change	Rewards for innovation	Problem solve through innovation
Expert	Expertise & Mastery	Training & Development	Seek training & learning
Builder	Money & Material Satisfaction	£££'s & Material Perks	Re-set your goals
Director	Power & Influence	Responsibility & Influence	Request more responsibility
Star	Recognition & Respect	Awards & Status	Work on visibility
Friend	Belonging & Friendship	Support & Involvement	Be a friend
Defender	Security & Predictability	Communications & Continuity	Seek clarification